

RECORDS DU CLUB en Plein Air	HOMMES TC		FEMMES TC	
<b>80M</b>	Noah PAKIRIVAVA (2023)	<b>9"30 (+0,6)</b>	Violette MERY (2022)	<b>11"40 (+0,0)</b>
<b>100M</b>	Jean-Christophe LESOUALCH (2009)	<b>11"10 (+0,0)</b>	Fleur JESBAC (2008)	<b>12"91 (+1,2)</b>
<b>120M</b>	Noah PAKIRIVAVA (2023)	<b>13"60 (+1,6)</b>	Violette MERY (2022)	<b>16"85 (+0,2)</b>
<b>200M</b>	Jean-Christophe LESOUALCH (2009)	<b>21"97 (-0,3)</b>	Fleur JESBAC (2008)	<b>26"95 (-0,2)</b>
<b>400M</b>	Jean-Christophe LESOUALCH (2007)	<b>49"63</b>	Chloé ROBIN (2019)	<b>61"70</b>
<b>800M</b>	Henri LACOSTE (2013)	<b>1'50"43</b>	Vérane PAGANI (2018)	<b>2'32"29</b>
<b>1500M</b>	Jérôme REGRET (2013)	<b>4'14"61</b>	Stéphanie JEANGEOURGE (2012)	<b>5'10"18</b>
<b>3000M</b>	Vincent LENOBLE (2013)	<b>9'07"32</b>	Kinnie PAUL (2013)	<b>11'45"41</b>
<b>5000M</b>	Vincent LENOBLE (2013)	<b>15'35"35</b>	Julie FOUCAUD (2015)	<b>22'18"76</b>
<b>10 000M</b>	Denis MACAGNO (2019)	<b>41'22"95</b>	-	
<b>60M HAIES (99)</b>	Jules ROUSSEAU (2021)	<b>8"45</b>	-	
<b>100M / 110M HAIES (106)</b>	Jules ROUSSEAU (2022)	<b>15"46 (-1,8)</b>	Anthéa LE DROUMAGUET (2018)	<b>18"77 (+1,2)</b>
<b>100M / 110M HAIES (99)</b>	Jules ROUSSEAU (2022)	<b>14"86 (-0,4)</b>		
<b>100M / 110M HAIES (91)</b>	Jules ROUSSEAU (2021)	<b>14"69 (-1,1)</b>	-	
<b>400M HAIES</b>	Jean-Christophe LESOUALCH (2007)	<b>53"24</b>	Clara DUPONT (2019)	<b>70"51</b>
<b>3000M - STEEPLE</b>	Laurent CHRETIEN (2018)	<b>10'07"49</b>	-	
<b>2000M - STEEPLE</b>	Tom ANDRIEU (2018) - CADETS	<b>6'55"99</b>	-	
<b>SAUT EN HAUTEUR</b>	Jules ROUSSEAU (2022)	<b>1m96</b>	Suzanne ATTALAH (2021)	<b>1m45</b>
<b>SAUT A LA PERCHE</b>	Jules ROUSSEAU (2022)	<b>3m50</b>	Adeline BARRIER (2016)	<b>1m60</b>
<b>SAUT EN LONGUEUR</b>	Jules ROUSSEAU (2022)	<b>6m41 (+1,1)</b>	Clara DUPONT (2019)	<b>4m81 (+0,7)</b>
<b>TRIPLE SAUT</b>	Marc MCGUIRE (2017)	<b>13m39</b>	Maelle LAVERGIN (2018)	<b>9m76 (+0,0)</b>
<b>LANCER DU POIDS</b>	Simon ROBERT (2007)	<b>10m39</b>	Mélissa BALLANGER (2009)	<b>9m60</b>
<b>LANCER DU DISQUE</b>	Yoann PELLISSARD (2020)	<b>32m08</b>	Fleur JESBAC (2007)	<b>26m56</b>
<b>LANCER DU MARTEAU</b>	Pascal PAILLET (2007)	<b>40m39</b>	Fleur JESBAC (2008)	<b>46m49</b>
<b>LANCER DU JAVELOT</b>	Jean-Christophe LESOUALCH (2008)	<b>48m75</b>	Marie Haud POGGI (2015)	<b>29m89</b>
<b>HEPTATHLON</b>	Jules ROUSSEAU (2022)	<b>4620 points</b>	-	
<b>DECATHLON</b>	Jules ROUSSEAU (2022)	<b>6049 points</b>	-	
<b>4*100m</b>	Arno FRECHEDE - Pierre MIGAUD - Romain LE DROUMAGUET - Jordan MOOR	<b>44"71 (2019)</b>	Anthéa LE DROUMAGUET - Chloé ROBIN - Clara DUPONT - Maelle LAVERGIN	<b>54"34 (2018)</b>
<b>4*400m</b>	Denis DOINET - Franck SIMON - Simon ROBERT - Jean Christophe LESOUALCH	<b>3'28"45 (2007)</b>	Chloé ROBIN - Elodie SAILLOT - Clémence BOUVIER - Clara DUPONT	<b>4'32"04 (2019)</b>
<b>4*200m</b>	Arno FRECHEDE - Romain LE DROUMAGUET - Pierre MIGAUD - Alfy BELE-ZATA	<b>1'39"26 (2018)</b>	-	
<b>5000M MARCHE</b>	Eric RAUL (2011)	<b>28'41"08</b>	Alice COURTOIS (2017)	<b>35'44"96</b>
<b>3000M MARCHE</b>			Clara WILLIAMS (2017)	<b>19'50"06</b>
<b>10KM ROUTE</b>	Jonathan VARLOTEAUX (2017)	<b>32"17</b>	Kinnie REGRET (2020)	<b>40"03</b>
<b>SEMI MARATHON</b>	Sylvain BALLUAIS (2007)	<b>1'12"08</b>	Katell MORVAN (2022)	<b>1'44"54</b>
<b>MARATHON</b>	Stéphane REGRENIL (2010)	<b>2'49"17</b>	Kinnie REGRET (2021)	<b>3'23"12</b>
<b>100 KM</b>	Stéphane DUTOIS (2016)	<b>12'25"42</b>	-	
<b>EKIDEN</b>	Jérôme REGRET - Aymeric DOMINIQUE - Quentin THIBAUT - Alain ESCORIZA MARTINEZ - Alain CADIOU - Jean François BEL ANGE (2019)	<b>2'36"22</b>	Martine SABLE - Séverine THUILLIER - Céline DIEVAL - Elise DUVERNY - Awatef ABIADH - Hélène PONCE (2017)	<b>3'42"32</b>
<b>EKIDEN MIXTE</b>	Christelle GUY - Elodie SAILLOT - Vérane PAGANI - Alain ESCORIZA MARTINEZ - Jonathan VARLOTEAUX - Christopher ROULLIN (2017)			<b>2h47"29</b>